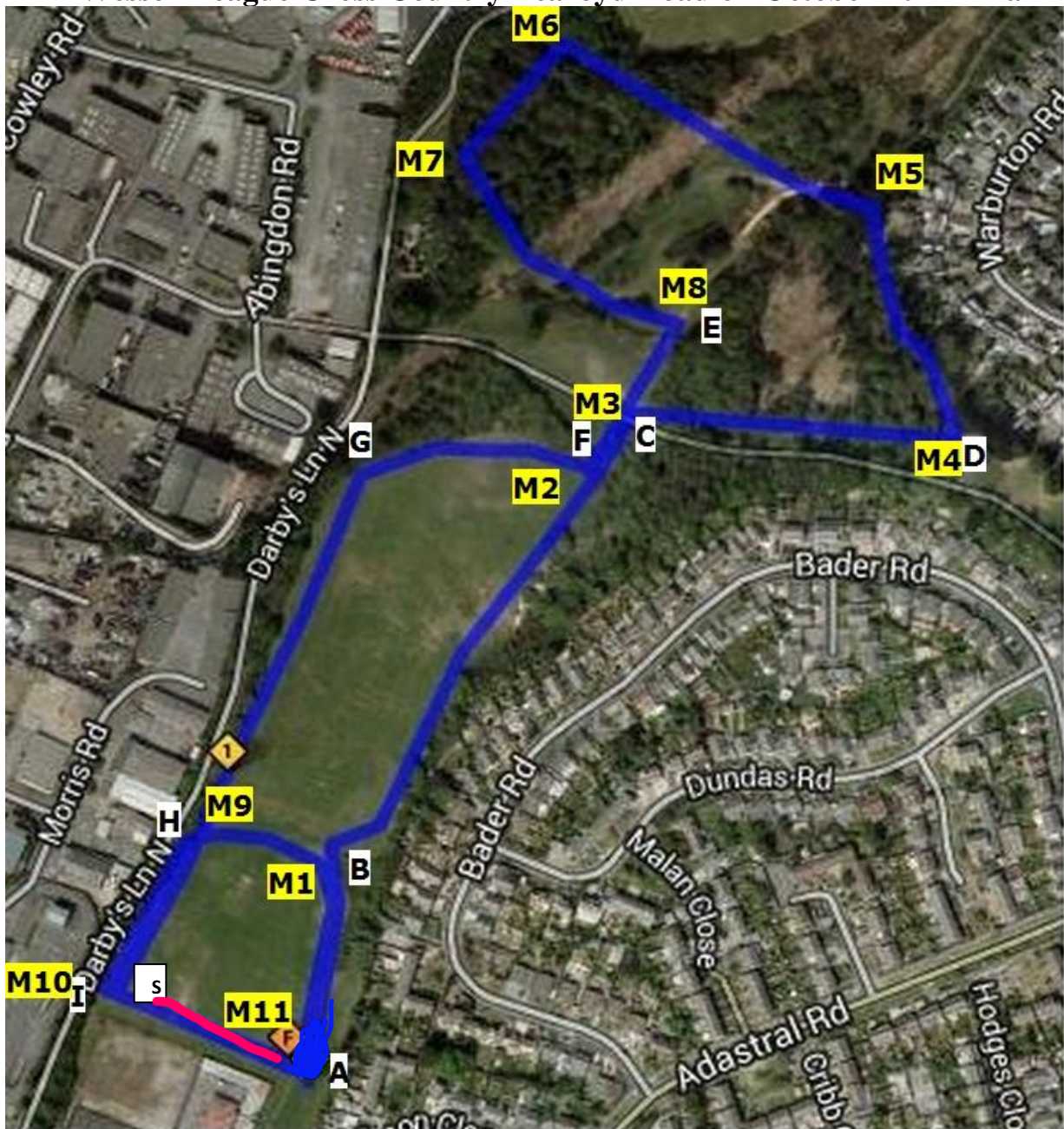


# Wessex League Cross Country Learoyd Road 6<sup>th</sup> October 2024-Final



|       |                |        |   |
|-------|----------------|--------|---|
| 11:45 | Under 11 G     | 1900 m | Start to 2 Medium Laps                            |
| 11:55 | Under 11 B     | 1900 m | Start to 2 Medium Laps                            |
| 12:10 | Under 13 G     | 3230 m | Start to 1 Small Lap + 1 Medium lap + 1 Large Lap |
| 12:25 | Under 13 B     | 3230 m | Start to 1 Small Lap + 1 Medium lap + 1 Large Lap |
| 12:40 | Under 17 M & W | 4220 m | Start to 1 Small Lap + 2 Large Laps               |
| 12:50 | Senior Women   | 5970 m | Start to 1 Small Lap + 3 Large Laps               |
| 13:15 | Under 15 B & G | 3800 m | Start to 2 Medium Lap + 1 Large Lap               |
| 13:35 | Senior Men     | 7920 m | Start to 1 Small Lap + 4 Large Laps               |

*Please note for 2024, Senior Age Group Runners can compete in either the Senior Women's or Senior Men's Race. Details of how such results are managed can be found in the 2024 Rules.*

|            |   |                     |
|------------|---|---------------------|
| Large Lap  | = | A B C D E F G H I A |
| Medium Lap | = | A B F G H I A       |
| Small Lap  | = | A B H I A           |