



WESSEX XC LEAGUE EVENT 2

Incorporating the SWVAC championship

Bryanston School, Blandford Forum DT11 0PS on 3rd November 2024

RACE INSTRUCTIONS:

Poole Runners invite you to the second fixture of this Wessex League season which is being held at Bryanston School, Blandford DT11 0PS. **Please note the only entrance to the event is through the main school Entrance Arch** south of Blandford and West of Blandford St Mary off West Street. Ignore Satnav directions that take you to other entrances.

Toilets There will be access to toilets, at the Hawker pavilion, please follow the toilet signs. Please arrive already changed. Access to the Phoenix Pavilion near the start is restricted to First aid, Team managers and officials.

Race numbers

If you ran in the Canford Heath fixture on 6th October please bring your number with you. Please ensure your number is legible and is attached to the chest area of your club top. Your race numbers will be provided by your team manager if this is your first race. Team managers please arrive early to ensure sufficient time for the distribution of race numbers.

Start and finish: will be located on the main playing fields opposite the Astro pitch. If for any reason you cannot complete the race and need to drop out please can you/your parent or coach advise the officials at the finish.

Course: Fully marked course around the school playing fields and along the riverside for seniors. The course is considered suitable for spikes. The course will be extensively taped. Marshals will be stationed on the course along with first aid cover. Please do not wear headphones etc. Please be considerate to others at all times.

The 1st race will be at 11.45 for U11G with the final race for Seniors at 13.35. Timetables, course maps and League Rules will be available on Dorset Athletics and also will be made available on the day. Please remember it is your responsibility to arrive at the start in time for your race. Race Results will be sent to team managers for validation after the race. They will be published on the Dorset Athletics website. <https://www.dorsetathletics.org/cross-country>

Parking

All parking is at the Coade Hall Theatre car park, next to the school, please follow the parking signs. Please do not park on verges.

A refreshment van selling hot drinks will be available near the start of the races.

Please do not leave valuables unattended as the organisers cannot take responsibilities for any items lost or removed during this event.

Our thanks go to Bryanston School for allowing us to utilise their land and facilities.

All distances are approximate and final routes will be dependent on prevailing conditions.

Website: <https://poolerunners.co.uk> **Email:** secretary@poolerunners.co.uk