



DORSET COUNTY ATHLETIC ASSOCIATION **CROSS-COUNTRY CHAMPIONSHIPS**

VENUE: Canford School

DATE: Sunday 15th December 2024

This year our Cross-Country Championships will be hosted at the third Wessex League race, you will need to register on the Poole Runners website and pay the County Champs fee.

The DCAA costs include a contribution to the cost of medals, transactions fees and other hosting costs.

Information to enter the County Champs:

<https://poolerunningevents.co.uk/events/dorset-county-athletics-association-cross-country-championships-2024/>

ENTRY FEE: £3.50 PER COMPETITOR PAYABLE ONLINE VIA THE POOLE RUNNERS WEBSITE
CLOSING DATE: 1st December 2024 BY 5PM – NO LATE ENTRIES ACCEPTED
NO ENTRIES ON THE DAY OR BY EMAIL

Runners should note that the County XC is being run alongside a Match of the Wessex League and if runners fail to enter the championships they will not be considered for a medal even if they finish within the top 3 in their respective races. If you have entered the Wessex League that does not give you automatic entry to the County Champs. Runners will also need to register the Wessex League as a guest (and pay the appropriate Wessex League guest fee), if they are not already registered with the League as an individual or as a member of a League club.

DCAA CHAMPIONSHIP ENTRY CRITERIA

1. To compete in the DCAA Championships competitors must:
 - A. have been born in Dorset, or mother normally domiciled in the County at that time
 - OR B. have lived continuously in Dorset for at least 9 months preceding the event
 - OR C. have been serving in a unit of H.M. forces stationed in Dorset for at least nine months preceding the event.(Note: boarding school and service unit athletes are requested to indicate their Home Address County on the entry form as only those athletes who are resident in Dorset are eligible to compete for the County) If you are unsure of your eligibility please contact the Championship Secretary.)
 - OR D. be a student in residence at a School, College or University in Dorset

AND E. not have competed in the championships of, or represented at Inter-County Championships, a county other than Dorset since 1st October 2024.

2. A competitor may only compete in one age group and in combined events will only be eligible for an award in the age group in which he or she is entered.
3. **Guest Competitors:** None.

4. Club/School Colours must be worn.

AGE GROUPS:

....	U13 Boys and Girls:	Aged 11 or 12 on 31 Aug 2024
....	U15 Boys and Girls:	Aged 13 or 14 on 31 Aug 2024
....	U17 Men and Women:	Aged 15 or 16 on 31 Aug 2024
....	U20 Men and Women	Aged at least 17 and under 20 on 31 Aug 2024
....	Senior Men and Women	Aged 20 or over on 31 st Aug 2024
....	Veteran Men and Women	Aged at least 35 on the date of the competition

From UKA:

UK Athletics have been working closely with UK Anti-Doping to ensure that we remain compliant with the World Anti-Doping Code and so that athletes can compete knowing that they are doing so on a level playing field. In order to achieve this all competitors (or parents if under 18) must agree to be familiar with and bound by the UK Athletics Anti-Doping rules, which can be found in detail here:

<http://www.uka.org.uk/wp-content/uploads/2021/05/210507-UKA-AD-Rules-3-combined-final.pdf>

Therefore, in future it is imperative that all entry forms for championships and open meetings contain the statement shown below. If entry is online, then this statement must be included as a tick box. If entry is on the day the competitor/parent must read and sign the statement before competition takes place.

All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK.

For added clarification, the date of entry is the date of the event.